

**McKean County Collaborative Board
Wednesday, March 3, 2010 Minutes**

Attendance:

Greta Billings, Alcohol and Drug Abuse Services; Casey Schillinger, The Guidance Center; Annie Skraba, NW PA Area Health Education Council; Ann Robinson, Pitt-Bradford; Lee Sizemore, The Guidance Center; Lynne Grimm, Childcare Information Services; Kelly Okerlund, Intermediate Unit 9 Family Literacy Program; Troy Johnson, NorthCentral Regional Development Commission; Amy Wehler, Life and Independence for Today; Lisa Defranco, NWPAA Rural AIDS Alliance; Ben Fausey, Northern Tier Community Action Corp.; Tara Erway, Department of Human Services; Amanda Reese, Department of Human Services; Nancy Chestnut, YWCA Victims Resource Center; Marcia Avey, McKean County RSVP; Kelly Case, United Way of the Bradford Area; Mandi Davis, United Way of the Bradford Area; Marg Kroh, Adagio Health; Lora Cope, American Cancer Society; Mariann Kahle, Bradford Regional Medical Center; Lisa Holden, Highmark; Brenda Brandon, University of Pittsburgh at Bradford Center for Rural Health Practice; Tina Kowlsen, University of Pittsburgh at Bradford Center for Rural Health Practice; Joe Demott, McKean County Commissioner; Debbie Olson, PA Department of Health; Vickie Skvarka, PA Department of Health; Megan Preston, Big Brothers, Big Sisters; Jessica Kubiak, Big Brothers Big Sisters; Stephanie Eckstrom, University of Pittsburgh at Bradford MSW Program; Tina Martin, Care for Children; Jim Keltz, McKean County Assistance Office; Tony Sowers, University of Pittsburgh at Bradford Center for Rural Health Practice; Janice Himes, New Choices New Options

Updates/Announcements:

Child Abuse Prevention Month Activities

- This year's focus will center on Shaken Baby Syndrome. Events include WESB Liveline interviews, newspaper ads, Healthy Baby Day (April 17), Children's Memorial Flag Day Ceremony (April 23) and the "Parenting is One Tough Job" Symposium (April 28).
- Contact Lee Sizemore (lee@mckeanfamilyresources.net) to add events to the schedule that other organizations are doing during the month.

Symposium on SIDS

- Instead of including SIDS as a focus during Child Abuse Prevention Month, a Symposium will be held in September.
- The all day event will take place at Pitt-Bradford and include speakers from Pennsylvania and New York with topics including prevention and best practices.

Non-profit Conference

- The University of Pittsburgh at Bradford Outreach Services is hosting a Non-Profit Conference titled "Enhancing the Effectiveness of the Not-for-Profit World. Breakout sessions will include topics on Boards, Employees, Volunteers, Funding and Social Media among others.
- The Conference, which costs \$65, will be held Friday, May 7, 2010 from 8:30 am-4:00 pm in the Mukaiyama University Room of the Frame-Westerberg Commons at the Pitt-Bradford Campus.
- To register, call 814-362-5078 or email reach@pitt.edu.

Bee-hive Presentations:

New MSW Cohort

- Stephanie Eckstrom from the Pitt Bradford MSW Program is looking for applicants to join their fifth cohort for the Masters of Social Work degree. The program, which takes three years and one semester, is a 60-credit program with classes in the evening.
- An informational session will be held May 19th at 6:00 in 162 Swarts Hall.
- Contact Stephanie at (814) 362-7527 or sae102@pitt.edu for more information.

KidShape

- Mariann Kahle talked about KidShape, a Pediatric Weight Management Program for children ages 6-14 (with Body Mass Index above 80 percent) and their parent(s), which is currently running through a grant by the Highmark Foundation at Bradford Regional Medical Center.
- The next session with open slots will begin September 23, 2010.
- Families can contact Marian Kahle at 558-1765 to sign up.
- A refundable \$10 registration fee is required.
- Classes take place at the Salvation Army.

Northern Tier Community Action Outreach & Employability/Case Management Program

- Ben Fausey from NTCAC presented information about the Outreach and Employability/Case Management Program, which is being made available through the American Recovery and Reinvestment Act. The program allows a Case Manager to work with the individual to help break down barriers to employment by referring them to relevant community resources and working on resume, cover letter and interview skills.
- The participant must be 200% of the Federal Poverty Guidelines to be eligible.
- To make a referral, contact Ben Fausey at (814) 363-9100 or ben.fausey@ntcac.org.

New/Old Business:

Overview of Health Goals for the Year

- The Wellness Subcommittee discussed their plans to meet with a local group of Human Resources individuals that represent area businesses to discuss what health related resources are available to staff who are underemployed and therefore do not have health insurance. They will also distribute Resource Directories to the group.
- Marg Kroh discussed the new program at Adagio Health called Wisewomen, which helps under or uninsured women ages 40-64 access various health screenings for diabetes, heart disease and cancers.

Legislative Events

- Legislative Officials will be invited to the next Collaborative Board Meeting to discuss the budget. A discussion through email will start to come up with questions and discussion topics for the meeting.

Prevention Award

- The possibility of the Collaborative Board handing out an annual Prevention Award to recognize individuals/groups in McKean was tabled and sent to the Steering Committee for discussion.

Member Comments and Announcements:

Healthy Careers Summer Camp

- The Northwest Region Area Health Education Center is looking for applicants in ninth, tenth or eleventh grade for their Healthy Careers Summer Camp.
- The camp will take place at Thiel College June 21-25, 2010.
- Applications can be found on AHEC's website (www.nwpaahcec.org).

Recognition

- Thanks to Kit Jaskiewicz from the Highmark Outreach Department for her years of service to the residents of McKean County.

Bowl For Kids Sake

- Big Brothers Big Sisters of McKean County is hosting their annual Bowl For Kids Sake April 8 (College Students) and April 10, 2010.
- Contact Megan Preston (mpreston@guidancecenter.net) or Jessica Kubiak (jkubiak@guidancecenter.net) for more information.

Job Search Class

- Janice Himes of the New Choices Career Development Program announced that she is looking for participants for a career development workshop in Port Allegany starting April 12. Call 331-4541 to register.

New Hire

- Kelly Okerlund of the Family Literacy Program announced that Pat Girard was hired as a Literacy Teacher.

Soup Lunch

- Mandi Davis announces that the United Way of the Bradford Area's Soup Lunch is March 19 and orders are due by March 12.

Steering Committee:

Next Meeting is April 7, 2010 at the State Health Center, 84 Boylston Street, Bradford.

Future Collaborative Board Meeting Schedule:

- May 5, 2010, 1:00-2:30 pm, Hamlin Memorial Library
- July 7, 2010, 1:00-2:30 pm, Location to be announced
- September 1, 2010, 1:00-2:30 pm, Hamlin Memorial Library
- November 3, 2010, 9:00 am-1:00 pm, Penn Hills Club – Annual Meeting